

Sample Weekly Menu

7	W

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Coffee Orange Juice Hot/Cold Cereal Cheesy Eggs Toast 2% Milk	Coffee Apple Juice Hot/Cold Cereal Scrambled Eggs Blueberry Muffin 2% Milk	Coffee Cranberry Juice Hot/Cold Cereal Sausage Gravy with Biscuits 2% Milk	Coffee Orange Juice Hot/Cold Cereal Sausage Patties French Toast 2% Milk	Coffee Apple Juice Hot/Cold Cereal Scrambled Eggs Cinnamon Rolls 2% Milk	Coffee Cranberry Juice Hot/Cold Cereal Bacon Waffles 2% Milk	Coffee Orange Juice Hot/Cold Cereal Scrambled Eggs Toast 2% Milk
Lunch Salisbury Steak Beef Gravy Mashed Potatoes Carrots Dinner Rolls Peach Pie	Lunch Chicken Paprika Penne Pasta Green Beans Dinner Rolls Rice Pudding	Lunch Potato Crust Fish Seasoned Rice Capri Blend Vegetables Tropical Fruit Mix	Lunch Sweet & Sour Pork Fried Rice Assorted Breads Orange Whip	Lunch BBQ Chicken California Blend Vegetables Creamy Coleslaw Apple Cobbler	Lunch Baked Ziti Spinach Tossed Salad Bread Sticks Banana Pudding	Lunch Meatloaf Buttered Noodles Stewed Tomatoes Dinner Rolls Crushed Pineapple
Dinner Beef Barley Soup Egg Salad Grilled Cheese Sliced Beets Mandarin Orange	Dinner Taco Salad Refried Beans Dinner Rolls Chilled Peaches	Dinner Meatball Sub Broccoli Florets Potato Chips Ice Cream	Dinner Keilbasa Sauteed Cabbage Noodles Garden Salad Assorted Breads Misc. Cookies	Dinner Cheesburger Mashed Potatoes Soup of the Day Raspberry Pears	Dinner Roast Pork Loin Scalloped Potato Sliced Beets Dinner Rolls Brownies	Dinner Turkey Sandwich Mashed Sweet Potatoes Broccoli Jello Cake